FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014]



Annual Return

(other than OPCs and Small Companies)

Form language	English	Hindi
Refer the instruct	ion kit for fil	ing the form.

(v) Whether company is having share capital

(vi) *Whether shares listed on recognized Stock Exchange(s)

(b) CIN of the Registrar and Transfer Agent

Name of the Registrar and Transfer Agent

I. RE	EGISTRATION AND OTHER	R DETAILS				
(i) * C	orporate Identification Number (C	IN) of the company	U85110	KL1985PLC004204	Pre-fill	
G	lobal Location Number (GLN) of t	he company				
* F	ermanent Account Number (PAN) of the company	AABCT1	092P		
(ii) (a) Name of the company		TRICHUR HEART HOSPITAL L			
(b) Registered office address					
	S.T. NAGAR TRICHUR TRICHUR Kerala 680001			9		
(c)	*e-mail ID of the company		prathap	@trichurheart.com		
(d	*Telephone number with STD co	ode	0487243	33250		
(e) Website					
(iii)	Date of Incorporation		06/05/1	985		
(iv)	Type of the Company	Category of the Company		Sub-category of the	Company	
	Public Company	Company limited by sha	res	Indian Non-Gov	ernment company	

Yes

Yes

No

No

U74140MH1998PLC366529

Page 1 of 14

Pre-fill

SKI	O C CONSULTA	NTS LIMITED								
Reg	istered office	address of the I	Registrar and Tran	sfer Ager	ts					
	 01, 1st Floor, 24 Bahadur Shastr		West),							
(vii) *Fina	ncial year Fro	om date 01/04/	2021 (DD/MM/Y	YYY) -	To date	31/03/202	2	(DD/M	M/YYYY)
		 general meeting		(Yes	_ [No		J	
(a) If	f yes, date of	AGM								
(b) [Oue date of AC	SM ;	30/09/2022							
(c) V	Vhether any e	xtension for AG	M granted		\circ	Yes (No			
II. PRIN	CIPAL BUS	SINESS ACT	IVITIES OF TH	IE COM	PANY					
*N	lumber of bus	iness activities	1							
S.No	Main Activity group code	Description of N	Main Activity group	Busines Activity Code	s Des	scription o	f Business	Activity		% of turnove of the company
1	Q	Hospital an	d Medical Care	Q1		H	lospital act	ivities		100
(INCL	LUDING JO	OINT VENTUI	G, SUBSIDIAR RES)		ASSO	Pre-fil		IIES		
S.No	Name of t	he company	CIN / FCR	!N	Holdin	g/ Subsidi Joint Ve	ary/Assoc enture	iate/	% of sh	ares held
1										
IV. SHA	RE CAPITA	L, DEBENT	URES AND OT	HER SE	CURI	TIES OF	THE CO	OMPAN	Υ	
i) *SHAF	RE CAPITA	L								
(a) Equity	y share capita	l								
	Particula	rs	Authorised capital	Issu cap			cribed pital	Paid up	capital	
Total nun	mber of equity	shares	10,000,000	9,526,60	0	9,526,60	0	9,526,60	00	
Total am Rupees)	ount of equity	shares (in	100,000,000	95,266,0	00	95,266,0	00	95,266,0	000	

Number of classes

Class of Shares	LAuthoricod	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	10,000,000	9,526,600	9,526,600	9,526,600
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	100,000,000	95,266,000	95,266,000	95,266,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes	0
-------------------	---

Class of shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nu	ımber of sh	ares	Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	2,222,800	7,303,800	9526600	95,266,000	95,266,000	
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0

v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify	1					
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	2,222,800	7,303,800	9526600	95,266,000	95,266,000	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0		0
					0	
i. Issues of shares	0	0	0	0	0	0
i. Issues of shares ii. Re-issue of forfeited shares	0	0	0	0	0	0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify	0 0	0	0	0	0 0 0	0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares	0 0	0 0	0 0	0 0	0 0 0	0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares ii. Shares forfeited	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0	0 0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0 0

ISIN of the equity shares of the company

Class of	of shares	(i)		(ii)		(iii)
Before split /	Number of shares					
Consolidation	Face value per share					
After split /	Number of shares					
Consolidation	Face value per share					
	res/Debentures Trans at any time since the i				nancial y	ear (or in the
[Details being pro	ovided in a CD/Digital Media	a]	○ Yes	N	lo 🔾	Not Applicable
Separate sheet at	ttached for details of transf	ers	Yes	O N	lo	
	10.0. 0	r submission a	s a separate shee	t attachm	ent or subi	mission in a CD/D
	ıs annual general meeting		s a separate shee	t attachm	ent or subi	mission in a CD/D
Date of the previou	·	9	s a separate shee	t attachm	ent or subi	mission in a CD/D
	us annual general meeting	Year)	s a separate shee			
Date of the previou	n of transfer (Date Month	Year)		nares,3 -		
Date of the previous Date of registration Type of transf	r of transfer (Date Month of transfer) The property of the pr	Year)	2- Preference SI	nares,3 -		
Date of the previous Date of registration Type of transf Number of Shares/ Units Transferred	r of transfer (Date Month of transfer) The property of the pr	Year)	2- Preference SI	nares,3 -		

Transferee's Name							
	Surname	middle name	first name				
Date of registration of transfer (Date Month Year)							
Type of transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock							
Number of Shares/ D Units Transferred	Debentures/	Amount per Share/ Debenture/Unit (in Rs.)					
Ledger Folio of Trans	sferor						
Transferor's Name							
	Surname	middle name	first name				
Ledger Folio of Trans	Ledger Folio of Transferee						
Transferee's Name							
	Surname	middle name	first name				

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	Increase during the year		Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

	•	•			
Type of	Number of	Nominal Value of	Total Nominal	Paid up Value of	Total Paid up Value
Securities	Securities	each Unit	Value	each Unit	
Total					

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

0

(ii) Net worth of the Company

198,228,763.79

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equ	ity	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	7,014,768	73.63	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	

6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	7,014,768	73.63	0	0

Total number	of shareho	lders ((promoters)
--------------	------------	---------	-------------

3		

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	1,886,632	19.8	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	0	0	0		
5.	Financial institutions	0	0	0		
6.	Foreign institutional investors	0	0	0		
7.	Mutual funds	0	0	0		
8.	Venture capital	0	0	0		
9.	Body corporate (not mentioned above)	5,000	0.05	0		
10.	Others Society	620,200	6.51	0		

	Total	2,511,832	26.36	0	0
Total nur					
	aber of shareholders (Promoters+Public n promoters)	2,587			

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	0	3
Members (other than promoters)	2,589	2,584
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Number of directors at the beginning of the year		Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	0	0	1	1	35.21	1.39
B. Non-Promoter	1	5	0	4	0	0.64
(i) Non-Independent	1	5	0	4	0	0.64
(ii) Independent	0	0	0	0	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0
(v) Others	0	0	0	0	0	0
Total	1	5	1	5	35.21	2.03

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

6	
---	--

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
PANANDANAM MATHA	00220613	Director	132,500	
PRATHAP VARKEY	00220637	Managing Director	3,354,268	
TRICHUR RAMANATH	00245694	Director	9,433	
TRIKKUR ANANTHARA	00480136	Director	17,433	
SEBASTIAN JOSEPH	01656022	Director	29,933	
VARRIAM KANDI VIJA\	01898943	Director	4,433	

(ii) Particulars of change in director(s) and Key managerial personnel during the year

Name	beginning / during	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS / REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held 1

Type of meeting	Date of meeting	Total Number of Members entitled to	Attendance	
				% of total shareholding
ANNUAL GENERAL MEETI	29/09/2021	2,589	18	37.19

B. BOARD MEETINGS

*Number of meetings held 5

S. No.	Date of meeting		Number of directors				
				% of attendance			
1	19/06/2021	6	5	83.33			
2	01/09/2021	6	5	83.33			
3	24/11/2021	6	5	83.33			

S. No.	Date of meeting	Total Number of directors associated as on the date of meeting				
		· ·	Number of directors attended	% of attendance		
4	16/02/2022	6	5	83.33		
5	17/03/2022	6	6	100		

C. COMMITTEE MEETINGS

Number of meetings held	5
-------------------------	---

S. No.	Type of meeting		Total Number of Members as	Attendance		
		on the date	on the date of		Number of members attended	% of attendance
1	STAKEHOLDE	19/06/2021	3	2	66.67	
2	STAKEHOLDE	01/09/2021	3	2	66.67	
3	STAKEHOLDE	24/11/2021	3	3	100	
4	STAKEHOLDE	16/02/2022	3	2	66.67	
5	STAKEHOLDE	17/03/2022	3	3	100	

D. *ATTENDANCE OF DIRECTORS

		Board Meetings Committee Meetings					gs	Whether attended AGM
S. Name No. of the director		Number of Meetings attended	% of attendance		Number of Meetings attended	% of attendance	held on (Y/N/NA)	
1	PANANDANA	5	2	40	5	2	40	
2	PRATHAP VA	5	5	100	5	5	100	
3	TRICHUR RAI	5	5	100	0	0	0	
4	TRIKKUR ANA	5	5	100	5	5	100	
5	SEBASTIAN J	5	4	80	0	0	0	
6	VARRIAM KAI	5	5	100	0	0	0	

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

	ΙN	il

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

- 1
- 1
- 1
- 1

S. No.	Nan	ne	Designa	ation	Gross Sa	alary	Commission	Stock Op Sweat e		Others	Tot Amo	
1	PRATHAP		MANAGI		2,046,7	'90	0	0		0	2,046	,790
	Total	#			2,046,7	'90	0	0		0	2,046	,790
umber c	of CEO, CFO	and Comp	any secret	ary who	se remuner	ation de	etails to be ente	red		0		
S. No.	Nan	ne	Designa	ation	Gross Sa	alary	Commission	Stock Op Sweat e		Others	Tot Amo	
1											0	1
	Total											
umber o	I of other direct	ors whose	remunerat	ion deta	ils to be ent	tered				1		
S. No.	Nan	ne	Designa	ation	Gross Sa	alary	Commission	Stock Op Sweat e		Others	Tot Amo	
1	PANANDA	NAM MA	DIREC	TOR	634,24	14	0	0		0	634,	244
	Total				634,24	14	0	0		0	634,	244
∐ II. PENA	LTY AND P	UNISHMEN	NT - DETA	AILS THI	EREOF							
) DETAI	ILS OF PEN	ALTIES / P	UNISHME	NT IMPO	OSED ON C	ОМРА	NY/DIRECTOR	S /OFFICERS	³ ⊠ Ni	ı [
Name of company		Name of the concerned Authority		Date of		section	of the Act and n under which sed / punished	Details of per punishment		Details of ap	peal (if any) esent status	
(D) DET	All C OF CO	MDOLINDI	NC OF OF	TENOT								
(B) DE I	AILS OF CO	MPOUNDII	NG OF OF	FENCE	S 🛛 N	il 						
Name of the company/ directors/				Date of Order				 '		ı		
		Name of the concerned Authority		Date of	· Order	section	e of the Act and on under which ce committed	Particulars of	of	Amount of Rupees)	compounding	(in

	Yes No			
XIV. CO	MPLIANCE OF SUB-SECT	TION (2) OF SECTION 92, IN CASE OF LISTED COMPANIES		
		mpany having paid up share capital of Ten Crore rupees or more or turnover of Fifty Crore rupees or in whole time practice certifying the annual return in Form MGT-8.		
Name	9			
Whether associate or fellow		Associate Fellow		
Certi	ficate of practice number			
(b) Unles		ney stood on the date of the closure of the financial year aforesaid correctly and adequately. Bed to the contrary elsewhere in this Return, the Company has complied with all the provisions of the		
		Declaration		
	-	rectors of the company vide resolution no 15 dated 15/06/2022		
		nd declare that all the requirements of the Companies Act, 2013 and the rules made thereunder nis form and matters incidental thereto have been compiled with. I further declare that:		
1.	Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company			
2.	All the required attachmen	nts have been completely and legibly attached to this form.		
		the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for nt for false statement and punishment for false evidence respectively.		
To be d	igitally signed by			
Director				
DIN of the director		00220637		
To be digitally signed by				
○ Com	pany Secretary			
Com	pany secretary in practice			
Member	ship number 4177	Certificate of practice number 2437		

XIII. Whether complete list of shareholders, debenture holders has been enclosed as an attachment

Attachments		List of attachments
1. List of share holders, debenture holders	Attach	
2. Approval letter for extension of AGM;	Attach	
3. Copy of MGT-8;	Attach	
4. Optional Attachement(s), if any	Attach	
		Remove attachment
Modify Check Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company