# **EXECUTIVE HEALTH CHECK-UP Rs.6900**

CONSULTATIONS: GENERAL PHYSICIAN, GYNAECOLOGIST, GENERAL SURGEON, CARDIOLOGIST, UROLOGIST

#### **CLINICAL LABORATORY TESTS**

- BLOOD GROUP AND RH
- CBC TC, DC, RBC COUNT, HAEMOGLOBIN, HCT(PVC), MCV, MCH, MCHC, RDW, PLATELET COUNT, PCT, MPV, PDW, ESR
- LIPID PROFILE TOTAL CHOLESTROL TRIGLYCERIDES, HDL, LDL, VLDL
- FASTING BLOOD SUGAR
- P.P BLOOD SUGAR
- BLOOD UREA
- SERUM CREATININE
- SERUM URIC ACID
- LIVER FUNCTION TEST TOTAL PROTEIN, ALBUMIN, GLOBULIN, A/G RATIO, SERUM BILIRUBIN, DIRECT BILIRUBIN INDIRECT BILIRUBIN, SGOT, SGPT, SERUM ALKALINE PHOSPHATASE
- THYROID FUNCTION, T3, T4, TSH
- SERUM TOTAL CALCIUM
- SERUM PHOSPHORUS
- ELECTROLYTES, NA+K+CA++, BICARBONATES, CHLORIDES
- URINE ROUTINE EXAMINATION WITH BS AND BP
- STOOL M/E
- OCCULT BLOOD

## X-RAY AND SCANNING

- X-RAY CHEST P.A
- ULTRASOUND SCANNING-ABDOMEN

## SPECIAL TESTS

- ECG
- TMT
- COLOUR DOPPLER ECHO CARDIOGRAM
- PAP SMEAR FOR WOMEN
- PSA FOR MEN

# PREVENT HEART ATTACK PROGRAMME Rs.2500. CONSULTATION: CARDIOLOGIST.

# **CLINICAL LABORATORY TESTS**

- FASTING BLOOD SUGAR
- LIPID PROFILE, TOTAL CHOLESTROL, TRIGLYCERIDES, HDL, LDL, VLDL

# **SPECIAL TESTS**

- ECG TMT
- COLOUR DOPPLER ECHO CARDIOGRAM

# Please take care to follow the instructions given below before your medical check-up

- check-up will start at 8.00 am
- Guests coming for medical check-up will be given direct acces to doctor, lab tests and other facilities.
- All the guests for medical check-up should come fasting (Empty stomach).
- A small sample of your stools should be brought in a clean, plastic or glass container.
- If you have any previous medical records kindly bring them with you.
- No hospitalisation is required.
   Normal medical check-up usually requires one day time
- Special staff is appointed to take care of the guests
- Complimentary breakfast is included with all packages.

Please fix up prior appointment directly at the hospital office 0487 2433101, 2433102, 9847303000





S.T. Nagar, Kannamkulangara, Thrissur-680 001, Kerala, India. Ph: 0487 2433101, Fax: 0487 2446226, Email: enquiry@trichurheart.com Web: www.sunmedicalcentre.com



Have you checked your Quotient Yet?

# HEALTH CHECK-UP PROGRAMME

We promote health, prevent diseases and deliver health care services to individuals. Get the best from the number one healthcare providers, equipped with a line of specialized practitioners with brilliant expertise of handling millions of lives with utmost care. Avail the best Health Check-up Programme to stay fit always. Its all about intelligent living.

# Three Essentials of Healthcare

- Systematic food habits and exercises
- Regular health check-up & treatment if necessary
- Post treatment care



Invest in your health
Believe in the importance of
preventive health.
A periodic check-up not only
significantly improves your long-term
health quality but also greatly
reduces your long term
health care expenses..
Live life longer,
healthier and happier.

# MEDICAL HEALTH CHECK-UP PACKAGES

# ECONOMY HEALTH CHECK-UP Rs.1750

CONSULTATIONS: GENERAL PHYSICIAN.

#### **CLINICAL LABORATORY TESTS**

- BLOOD GROUP AND RH
- CBC TC, DC, RBC COUNT, HAEMOGLOBIN, HCT(PVC), MCV, MCH, MCHC, RDW, PLATELET COUNT, PCT, MPV, PDW, FSR
- LIPID PROFILE TOTAL CHOLESTEROL, TRIGLYCERIDES. HDL. LDL. VLDL.
- FASTING BLOOD SUGAR
- SERUM CREATININE
- SERUM URIC ACID
- LIVER FUNCTION TEST,
  TOTAL PROTEIN, ALBUMIN,
  GLOBULIN, A/G RATIO,
  SERUM BILIRUBIN,
  DIRECT BILIRUBIN,
  INDIRECT BILIRUBIN,
  SGOT, SGPT, SERUM, ALKALINE PHOSPHATASE
- URINE ROUTINE EXAMINATION WITH BS AND BP
- X-RAY CHEST P.A
- ECG

# PLATINUM HEALTH CHECK-UP Rs. 12000

CONSULTATIONS: GENERAL PHYSICIAN, GYNAECOLOGIST, GENERAL SURGEON, CARDIOLOGIST, UROLOGIST, DIETITIAN, PHYSIOTHERAPY

## **CLINICAL LABORATORY TESTS**

- BLOOD GROUP AND RH
- CBC TC, DC, RBC COUNT, HAEMOGLOBIN, HCT(PVC), MCV MCH, MCHC, RDW, PLATELET COUNT, PCT, MPV, PDW, ESR
- LIPID PROFILE TOTAL CHOLESTROL TRIGLYCERIDES, HDL, LDL, VLDL ● FASTING BLOOD SUGAR
- P. P BLOOD SUGAR BLOOD UREA SERUM CREATININE
- SERUM URIC ACID
- LIVER FUNCTION TEST TOTAL PROTEIN
   ALBUMIN, GLOBULIN, A/G RATIO, SERUM BILIRUBIN
   DIRECT BILIRUBIN, INDIRECT BILIRUBIN, SGOT, SGPT
   SERUM ALKALINE PHOSPHATASE
- THYROID FUNCTION T3, T4, TSH
- SERUM TOTAL CALCIUM SERUM PHOSPHORUS
- ELECTROLYTES, NA+K+CA++, BICARBONATES, CHLORIDES
- URINE ROUTINE EXAMINATION WITH BS AND BP
- STOOL M/E OCCULT BLOOD HBA1C MAGNESIUM
- THYROID MICROSOMAL ANTIBODY VITAMINE B12
- IRON TOTAL IRON BINDING CAPACITY FERRITIN
- GAMMA Gt 25 HYDROXY VITAMIN D RA FACTOR
- URINE FOR ALBUMIN/CREATININE RATIO

#### X-RAY AND SCANNING

- X-RAY CHEST P.A
- ULTRASOUND SCANNING-ABDOMEN

#### SPECIAL TESTS

- ECG TMT
- COLOUR DOPPLER ECHO CARDIOGRAM
- PAP SMEAR FOR WOMEN PSA FOR MEN

# GENERAL HEALTH CHECK-UP Rs.3250

CONSULTATIONS: GENERAL PHYSICIAN, GYNAECOLOGIST, GENERAL SURGEON

#### **CLINICAL LABORATORY TESTS**

- BLOOD GROUP AND RH
- CBC TC, DC, RBC COUNT, HAEMOGLOBIN, HCT(PVC), MCV, MCH, MCHC, RDW, PLATELET COUNT, PCT, MPV, PDW, ESR
- LIPID PROFILE TOTAL CHOLESTEROL, TRIGLYCERIDES, HDL, LDL, VLDL
- FASTING BLOOD SUGAR P. P BLOOD SUGAR
- BLOOD UREA SERUM CREATININE
- SERUM URIC ACID
- LIVER FUNCTION TEST TOTAL PROTEIN, ALBUMIN, GLOBULIN, A/G RATIO, SERUM BILIRUBIN, DIRECT BILIRUBIN, INDIRECT BILIRUBIN, SGOT, SGPT, SERUM ALKALINE PHOSPHATASE
- URINE ROUTINE EXAMINATION WITH BS AND BP
- STOOL M/E OCCULT BLOOD
- SERUM TOTAL CALCIUM SERUM PHOSPHORUS
- X-RAY CHEST P. A

#### SPECIAL TESTS

• ECG • PAP SMEAR FOR WOMEN • PSA FOR MEN

# MASTER HEALTH CHECK-UP Rs.5850

CONSULTATIONS: GENERAL PHYSICIAN, GYNAECOLOGIST, GENERAL SURGEON, CARDIOLOGIST.

## **CLINICAL LABORATORY TESTS**

- BLOOD GROUP AND RH
- CBC TC, DC, RBC COUNT, HAEMOGLOBIN, HCT(PVC), MCV, MCH, MCHC, RDW, PLATELET COUNT, PCT, MPV, PDW, ESR
- LIPID PROFILE, TOTAL CHOLESTROL, TRIGLYCERIDES, HDL, LDL, VLDL
- FASTING BLOOD SUGAR P. P BLOOD SUGAR
- BLOOD UREA SERUM CREATININE
- SERUM URIC ACID
- LIVER FUNCTION TEST TOTAL PROTEIN, ALBUMIN, GLOBULIN, A/G RATIO, SERUM BILIRUBIN, DIRECT BILIRUBIN, INDIRECT BILIRUBIN, SGOT, SGPT, SERUM ALKALINE PHOSPHATASE
- URINE ROUTINE EXAMINATION WITH BS AND BP
- THYROID FUNCTION, T3, T4, TSH STOOL M/E
- OCCULT BLOOD SERUM TOTAL CALCIUM
- SERUM PHOSPHORUS

#### X RAY AND SCANNING

- X-RAY CHEST P.A
- ULTRASOUND SCANNING ABDOMEN

#### SPECIAL TESTS

- ECG TMT PAP SMEAR FOR WOMEN
- PSA FOR MEN COLOUR DOPPLER ECHO CARDIOGRAM

TEST FOR HIV & AIDS, HEPATITIS B & C AND SYPHILIS, WILL BE DONE AT REQUEST FOR EXTRA CHARGES